

The banner features a background with a green-to-orange gradient. On the left, there are overlapping circular shapes in white, grey, and yellow. On the right, there are overlapping circular shapes in black and white. The text is centered in the middle of the banner.

AFINet 5th International Conference 2024

(online)

Transgenerational transmission model of the addiction problem: *A clinical case report*

Cassandra Borges Bortolon

Clinic Psychologist, Family and Couple Therapist, Specialist, MSc, Health Science PhD
AFINet Trustee



Transgenerationality

It consists of processes transmitted from one generation to another that is repeated through family patterns, in spite of the family members not realizing it.

It is characterized by legacy, values, behaviours, beliefs, secrets, rites and myths.

The transgenerationality remains present throughout the family's history.

The Therapeutic Process

Psychotherapy for 9 months

Weekly

Psychiatrist treatment for 3 years

Medications: Bupropion, Naltrexone and Lamotrigine.

Cleber a clinical case report

Divorced

46 years old

Business Administrator

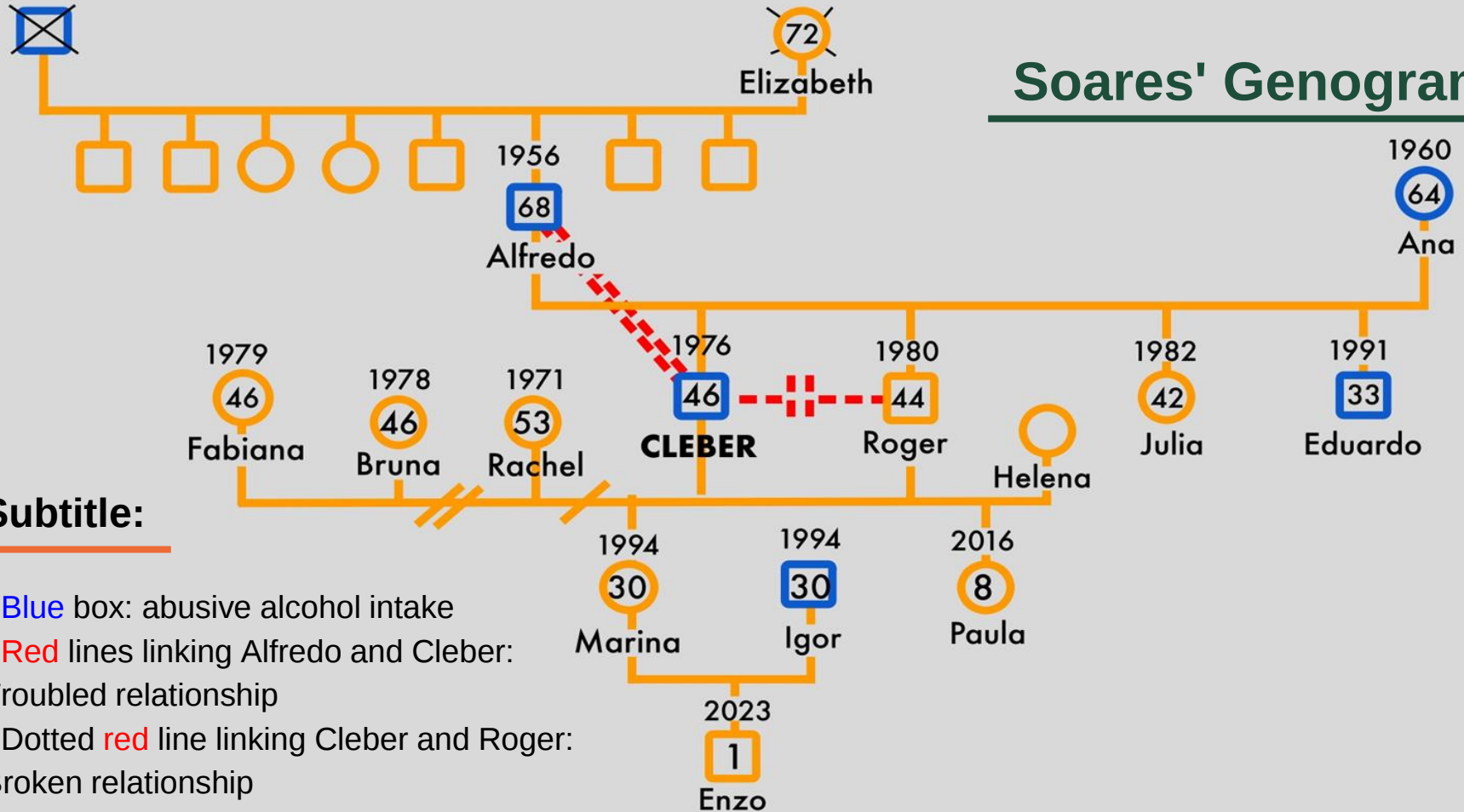
“On the razor’s edge”

Cleber describes himself and his family as living “On the razor’s edge”

What does it mean? Under pressure and putting himself at risk.

Related to alcohol abuse, hypersexual behaviour and other behaviours that compromise his safety.

Soares' Genogram



Subtitle:

- Blue box: abusive alcohol intake
- Red lines linking Alfredo and Cleber: Troubled relationship
- Dotted red line linking Cleber and Roger: Broken relationship

Soares Family Timeline

"On the razor's edge"

19
76

Almost fifty years of history

20
24

End of AGO

Soares Family Timeline

"On the razor's edge"

19
76

Parents met
- Alfredo
and Ana

19
78

Parents
Marriage

19
78

First child
Cleber's birth

19
90

Father's
hyperactive
sexual
behaviour

19
86

Father Alfredo's
abusive alcohol
intake

19
82

Third child
Julia's birth

19
80

Second child
Roger's birth

19
91

Fourth child
Eduardo's birth

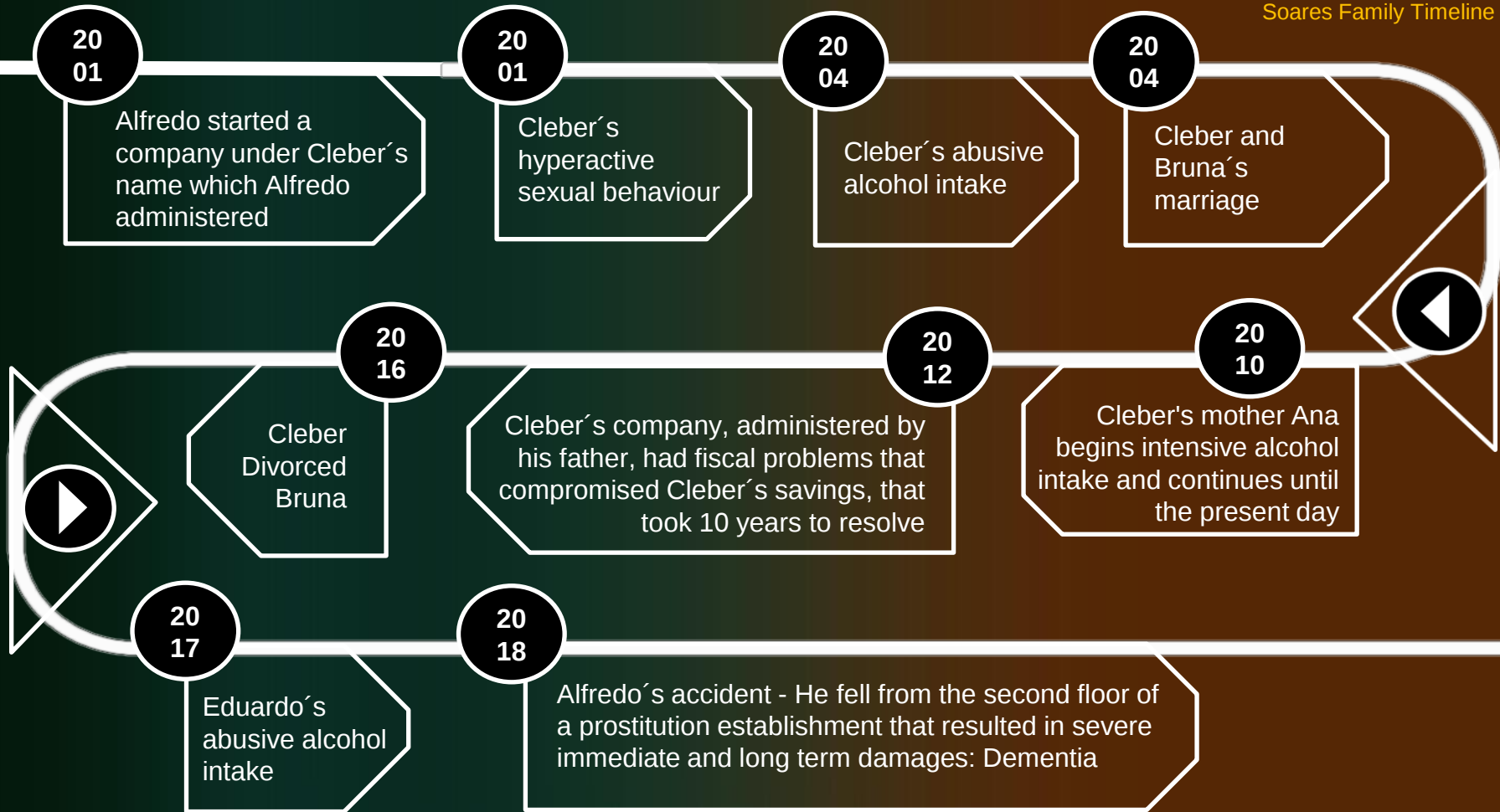
19
87

Whole family
moved between
rural towns

19
93

19
94

Cleber's daughter - Marina. Cleber had a relationship with a colleague Rachel on his first job. He had his first sexual relationship in which she got pregnant



20
19

Cleber's parents divorced. Cleber's parents didn't have a good relationship for a long time. Even as children their sons didn't accept the father's behaviour toward the mother

20
20

Cleber takes his father in to live with him. He organises an apartment on the first floor of his house

20
23

Cleber's grandson Enzo is born. Marina married a man, Igor, that consumes alcohol abusively

20
22

Cleber is diagnosed by a psychiatrist with Bipolar Disorder

20
21

Cleber begins dating Fabiana. 2024 she is diagnosed with Depression

20
23

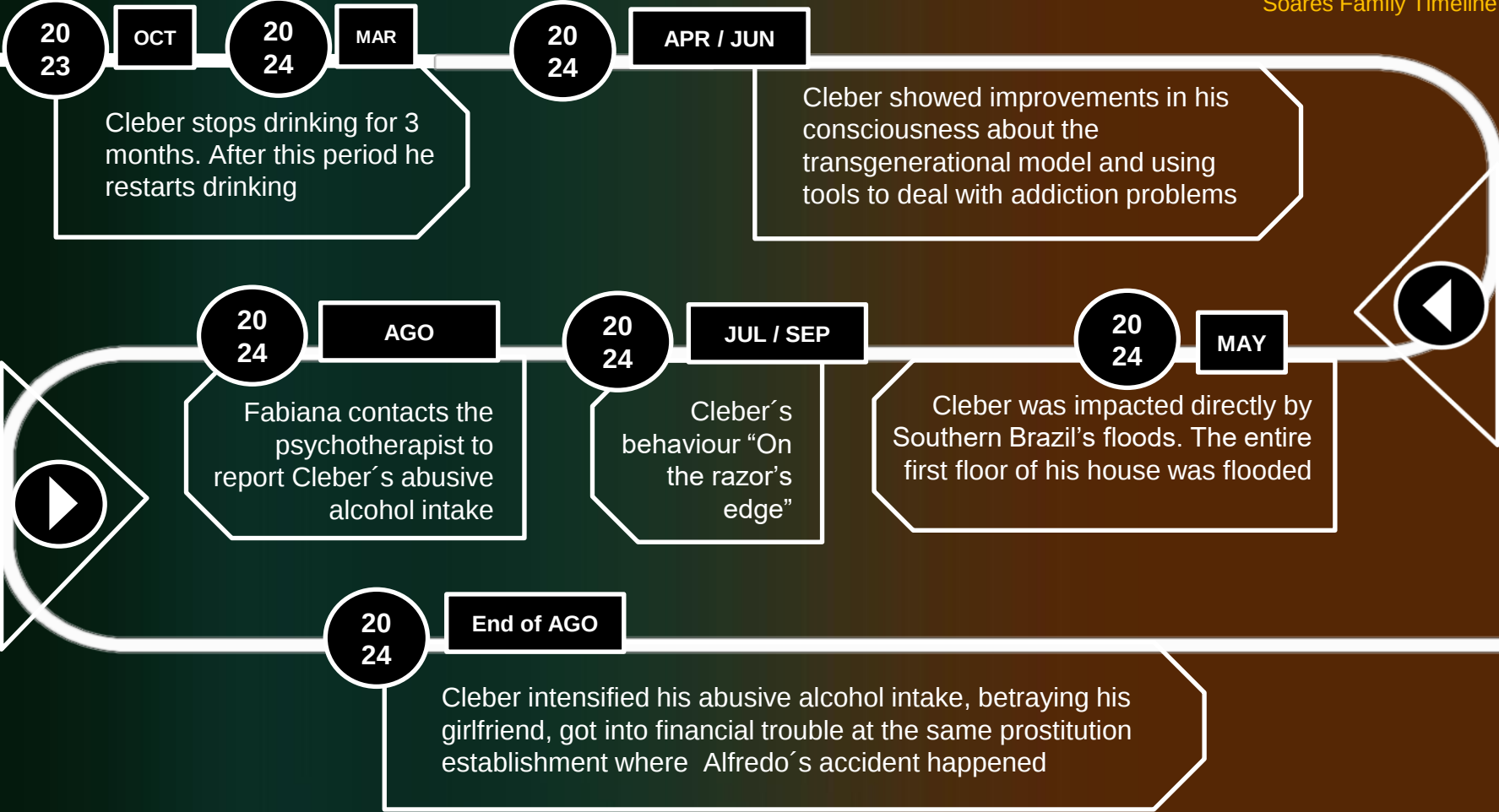
SET

Fabiana makes contact to learn more about Substance Use Disorder (SUD) treatment and to schedule an appointment to Cleber with the psychotherapist

20
23

OCT

Cleber begins specialized treatment for SUD



Moving Forward

Supporting Cleber to return and maintain his learning process (behaviours, thoughts, actions and family relations) within a "virtuous circle": quit drinking, have a healthier relationship with his girlfriend, and continue good performance in his job.

Continuing Cleber's psychotherapy with Systemic Therapy to explore more connections among individual, familiar and social aspects.

Moving Forward

Regardless, Cleber has acquired more knowledge and comprehension about his family legacy in a transgenerational transmission model of the addiction problem: alcohol intake and hyperactive sexual behaviour.

Finally, it is important to stimulate all of Cleber's FMs to engage in specialized treatment for addiction problems.



References

Falcke, D. & Wagner, A (2005). A dinâmica familiar e o fenômeno da transgeracionalidade: definição de conceitos. In: A. Wagner, Como se perpetua a família: A transmissão dos modelos familiares. Porto Alegre: EDIPUCRS p.25-46.

Camicia, E.G, da Silva, SB. Schmidt, B (2016). Abordagem da Transgeracionalidade na Terapia Sistêmica Individual: Um Estudo de Caso Clínico. Pensando famílias. Porto Alegre: (20).1 p.68-82.

Thank you very much

Contact:

cassandra@acurarte.com.br

+55 51 981394719

Av. Osvaldo Aranha 440-404

Porto Alegre, Rio Grande do Sul

Zip Code 90.035-190 - Brazil